

Faculty of Physics, University of Warsaw Warszawa, 5 Pasteura St., room **0.06**

> Monday 10/06/2024 at 11.00 (coffee will be served at 10.30)

> > prof. Karol Lang

University of Texas at Austin (USA)

Image-guided FLASH Proton Therapy

Image-guided FLASH Proton Therapy

Konwersatorium Wydział Fizyki, Uniwersytet Warszawski



Karol Lang University of Texas at Austin



June 10, 2024

Outline:

- The Big Picture
- Our background
- Proton Therapy
- Our PETs
- Recent FLASH experiments
- Plans





Facts:

- $_{\odot}$ 18 mln new cancer cases per year worldwide.
- \circ 50% of patients receive radiation treatment.

A question:

 $_{\odot}\,$ Can we apply radiation treatment better?



"Better" means

- Minimize or avoid post-radiation complications (toxicity)?
- $_{\odot}$ Treat more patients with protons.
- $\circ\;$ Lower the cost of the rapy.
- ...(and more)



Our background

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 6

The standard view of the Universe:

("inner space and outer space")





Open questions

(i.e., mysteries that the SM can't explain):

- ✓ Why this structure?
- ✓ What is dark energy ?
- ✓ What is dark matter ?
- ✓ Why matter-antimatter asymmetry?
- Why / are L, B numbers conserved?
- Are neutrinos Majorana type: $v \equiv \bar{v}$
- How do neutrinos get their mass?
- What about gravity?

Neutrinos are implicated in all these questions!













MINOS





"When I saw groups with more than 1,000 physicists, I became scared. So I decided to switch to the application of my detectors to medicine and biology."



Nobel Prize in Physics 1992: "for his invention and development of particle detectors, in particular the multiwire proportional chamber"



A typical banquet at Georges's laboratory with many colleagues around a table with wine, sausages and cheese he used to bring back from Corsica. From left to right some of his close collaborators: Leszek Ropelewski, D Anderson, Stan Majewski, Anna Peisert, Amos Breskin, Roger Bouclier, Martin Suffert and Vladimir Peskov.

MINOS and NuMI @ FNAL (Fermilab)



Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Fermi National Accelerator Laboratory (Fermilab)



Robert Rathbun Wilson (1914 - 2000)









Wilson Hall Fermilab Fermilab's builder and 1st director 1967-1978





Imaging neutrino interactions





"You can **observe** a lot by **watching**."

- Yogi Berra

1925-2015



PT (Proton Therapy)



"The proton proceeds through the tissue in **very nearly a straight line**, and the tissue is ionized at the expense of the energy of the proton until the proton is stopped. [the] dose is many times less where the proton enters the tissue at high energy than it is **in the last centimeter of the path** where the ion is brought to rest. [...][in a] **strictly localized region within the body**, with but little skin dose. It will be easy to produce well collimated narrow beams of fast protons, and since the range of the beam is easily controllable, precision exposure of **well defined small volumes within the body will soon be feasible**."



Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Less collateral damage (i.e., less toxicity)



Protons stop and activate

Photons (X-rays) don't



"for their services in the analysis of crystal structure by means of X-rays"



W. H. Bragg peak, 1903



Karol Lang (U. of Texas at Austin)

1915

MDACC Proton Therapy Center





Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

The scale ...





Sources: University of Florida Proton Therapy Institute

Vu Nguyen / The New York Times

Florida Proton Therapy

IMRT vs IMPT



Intensity Modulated Radiation Therapy

Intensity Modulated Proton Therapy

(using X-rays)

(using protons, ions, pions ...)



Traditional X-ray (produces exit dose)

Proton Therapy (produces no exit dose)

The above images illustrate the radiation benefits of proton therapy (right) in sparing healthy tissues compared to traditional x-ray (photon) therapy (left). Proton therapy deposits a high dose of radiation at the tumor and stops; this eliminates any "exit dose" of radiation, therefore reducing the risk of side effects in patients.

Spread-out Bragg Peak (SOBP)



IMRT vs IMPT







Particle Therapy Co-Operative Group

An organisation for those interested in proton, light ion and heavy charged particle radiotherapy

122 facilities worldwide, another >100 in various planning/construction stages



- 46 facilities in the USA 26 in Japan ... 7 in Germany ... 8 in China ... 3 UK, 3 Netherlands 1 in Poland (CCB IFJ, Kraków)
- 3 in Texas: 2 at MD Anderson CC and at 1 @UT Southwestern Medical Center
- And 1 more to open in a new MD Anderson CC in Austin within 3-4 years...

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Ko

The future of radiation therapy... (PTCOG)





Treatment Planning



- Meticulous and sophisticated treatment planning ("well-oiled machine") 5 days of intense preparations
 - 1. Importing
 - 2.Pre-plan Review

3. Contouring

- 3.Contouring
- 4.Plan Setup
- 5.Optimization
- 6.Evaluation
- 7.Summary



4. Plan Setur









Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

That's the end of good news ...

Impediments limiting the effectiveness of proton therapy



- Anatomy changes may perturb dose distributions to a significantly greater extent for protons than for photons
- High gradients in proton dose distributions are very sensitive to anatomy motion and changes, and to set up variations
- Gaps in the knowledge of relative biological effectiveness (RBE) of protons
 - Proton RBE is assumed to be a constant of 1.1
- Heterogeneity in patient population, tumor characteristics and treatment techniques may be obscuring the potential advantages of protons for subpopulations of patients
- Evolving treatment delivery and planning systems and techniques
- Limits to the applicability of knowledge and models based on photon therapy experience to protons
- High cost of proton therapy

A successful plan requires good communication and **m**ultitude of factors that need input from:

- Physician
- Dosimetry team
- Physics team
- Therapy team

After Radhe Mohan, PhD

 \rightarrow

Much room for improved feedback of ongoing therapy (a.k.a. proton range verification)



Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Destroying cancer or impeding its growth



oxygen radicals ...





Do we understand the time and concentration dependence of effects of ionizing radiation on living cells/tissues?

Reactive Oxygen Species (ROS)...





 $0H^- + 0H^- \rightarrow 0^- + H_20$

R. Abolfath et al., JPC. 2009 / 2010

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy



Our PETs



TPPT (Time-of-Flight PET for Proton Therapy)



Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 **33**

Positron Emission Tomography





Time of Flight PET advantages: noise reduction and improved contrast recovery



3 minute/bed injection of ¹⁸F-fluoro-deoxy-glucose (¹⁸FDG)

Non-TOF

SIEMENS



TOF (550 ps)

Borrowed from Dr. Maurizio Conti Director, PET Physics and Reconstruction Siemens Medical Solution USA, Inc, Knoxville, TN, USA

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 **36**

ToF PET for Proton Therapy (TPPT) concept



The concept: proton range verification using activated positron emission tomography



Image-guided proton therapy and theranostics Production (proton activation), e.g.,

¹⁶O(p,pn)¹⁵O



β + isotopes activated

Karol Lang (U. of Texas at Austin)

Concept \rightarrow engineering



Proposal





concept

U. of Texas at Austin, USA PETsys Electronics, Lisbon, Portugal LIP, Coimbra, Portugal C²TN, Instituto Superior Técnico, Lisbon, Portugal ICNAS, U. de Coimbra, Portugal

U. of Texas MD Anderson Proton Therapy Center, USA



^aForschungszentrum Rossendorf e.V., Institute of Nuclear and Hadron Physics, Postfach 510119, D-01314 Dresden, Germany ^bHammersmith Imanet Ltd., Hammersmith Hospital, London, W12 ONN, UK



Consider: Symmetry Cooling Mechanics



Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Design ingredients





Our "Lego" blocks





Hamamatsu LYSO (Lu ^{1.8}Y.²SiO⁵:Ce) is a Cerium-doped Lutetium-based scintillation crystal 3 x 3 x 15 mm³





PETsys front-end and daq




Need to check performance \rightarrow mini-PET







mini-PET data



Coincidence data:

list mode from PETsys daq pairs of channels on either side lines of response



- \rightarrow energy resolution
- \rightarrow coincidence time resolution (CTR)



mini-PET Results



Full TPT scanner assembly







Dress rehearsal for MDACC







Current test bench setup







Calibration with ⁶⁸Ge line source (circular sweep)





Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 57

Calibration with ⁶⁸Ge line source (v sweep)





Calibration with ⁶⁸Ge line source (h sweep)



Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Konwersatorium, Fizyka UW, June 10, 2024 59

calibrations with linear ⁶⁸Ge source



60

Coronal



PRELIMINARY! Pre-calibrated scanner data...

Sagittal



⁶⁸Ge line source moving across detector FOV







In-beam PET for Proton Therapy







FLASH effect and our recent FLASH experiments

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 64



Conventional treatment

	Ţ	2	S		29	30
(fractions)	day	day	day		day	day

- each day: a dose of 2 Grays delivered over a few minutes (1 Gy = 1 J/1 kg)
- total of 60 Gy / treatment
- (mostly) no checks while the treatment is ongoing

Recent (re?)discovery (pre-clinical, w/ animals)

- compress the entire treatment to 1 fraction delivered in less than a second (FLASH)
- instantaneous dose 100-1000 larger
- appears as effective in eradicating cancer as conventional irradiation
- spares healthy tissue much better
- expect much less post-radiation toxicity (post-radiation "side effects")
- the effect is not understood

Un-escapable conclusion

- we are missing some fundamentals !!!
- perhaps a large fraction of radiation patients can receive a better treatment

Theoretical approach...



Atoms color code: C, O, N, H, P





 $OH^- + OH^- \rightarrow O^- + H_2O$

R. Abolfath et al., Frontiers in Phys. 2023

FLASH effect is a mystery

- → We *conducted* two FLASH experiments on January 9 and March 5, 2023 (for an NIH proposal)
- \rightarrow Our goal is to provide an instrument that could elucidate the FLASH effect

Proton Therapy Center at MD Anderson Cancer Center





ocular beam (can be FLASH)

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Kon

Konwersatorium, Fizyka UW, June 10, 2024 68



Physics in Medicine & Biology

PAPER • OPEN ACCESS

The first PET glimpse of a proton FLASH beam

F Abouzahr¹ , J P Cesar¹ , P Crespo^{2,3} , M Gajda¹ , Z Hu⁴ , W Kaye⁵, K Klein¹ , A S Kuo¹ , S Majewski^{1,6}, O Mawlawi⁷ , A Morozov² , A Ojha¹ , F Poenisch⁸, J C Polf⁵ , M Proga¹ , N Sahoo⁸ , J Seco^{9,10} , T Takaoka¹¹, S Tavernier¹² , U Titt⁴ , X Wang⁸ , X R Zhu⁸ and K Lang¹ , Hide full author list Published 7 June 2023 • 2023 The Author(s). Published on behalf of Institute of Physics and Engineering in Medicine by IOP Publishing Ltd Physics in Medicine & Biology, Volume 68, Number 12 Citation F Abouzahr *et al* 2023 *Phys. Med. Biol.* 68 125001 DOI 10.1088/1361-6560/acd29e

> 2500 downloads

FLASH 1 (JAN 9, 2023)

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 69





Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 **70**





A Hitachi spill (101.5 ms)











30

5

0₀

Energy Spectrum - Channel Pair 721-959 Channel ID 721 Channel ID 959 photopeaks

15

20

25



photopeaks

Energy response

(post-spill)



10

Energy in DAQ units

5

⁴0 10 20 5 15 Energy in DAQ units Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

25

Konwersatorium, Fizyka UW, June 10, 2024 74









x [mm]

CASToR Imaging (magnified)



FLASH 1 (January 9, 2023)







Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Konwersatorium, Fizyka UW, June 10, 2024 78

FLASH simulations and fits



Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Konwersatorium, Fizyka UW, June 10, 2024



Physics in Medicine & Biology

PAPER • OPEN ACCESS

The first probe of a FLASH proton beam by PET

F Abouzahr¹ (D), J P Cesar¹ (D), P Crespo^{2,3} (D), M Gajda¹ (D), Z Hu⁴ (D), K Klein¹ (D), A S Kuo¹ (D), S Majewski^{1,5}, O Mawlawi⁶ (D), A Morozov² (D), A Ojha¹ (D), F Poenisch⁷, M Proga¹ (D), N Sahoo⁷ (D), J Seco^{8,9} (D), T Takaoka¹⁰, S Tavernier¹¹ (D), U Titt⁴ (D), X Wang⁷ (D), X R Zhu⁷ and K Lang¹ (D) – Hide full author list Published 23 November 2023 · © 2023 The Author(s). Published on behalf of Institute of Physics and Engineering in Medicine by IOP Publishing Ltd

Physics in Medicine & Biology, Volume 68, Number 23

Citation F Abouzahr et al 2023 Phys. Med. Biol. 68 235004 DOI 10.1088/1361-6560/ad0901

> 1,100 downloads

FLASH 2 (MAR 5, 2023)

75.8 MeV, 3.5x10¹⁰ protons, 101.5 ms





Run 5 – HDPE (21 cm)

A typical time spectrum



Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyl

Konwersatorium, Fizyka UW, June 10, 2024 85



Energy spectra

Below we plot the aggregate coincidence energy spectrum for one channel (715) from the PMMA 21 cm run for the entire run, in-spill data only, and post-spill data only.



In-spill random coincidences



Ranges





Abundance as a function of depth







Phantom	¹⁰ C	¹¹ C	¹⁵ O	¹³ N	χ^2/ndf
$T_{1/2}[s] \rightarrow$	19.3	1220.4	122.4	597.9	101.00 B (
PMMA Depth		25			
0.0 - 12.6 mm	0.43	0.13	0.43	< 0.01	0.92
12.8 - 25.4 mm	0.41	0.13	0.46	< 0.01	0.86
26.2 - 38.9 mm	0.25	0.15	0.60	< 0.01	0.93
38.1 - 51.7 mm	0.21	0.15	0.64	< 0.01	0.89
HDPE Depth			50 C		
0.0 - 12.6 mm	0.72	0.28	1000		1.04
12.8 - 25.4 mm	0.70	0.30		-	1.07
26.2 - 38.9 mm	0.59	0.41	1000	12_31	0.95
38.1 - 51.7 mm	0.55	0.45	1000		1.17

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Time evolution of activations – PET imaging



PMMA – PET flow







HDPE – PET flow






Water – PET flow







Air – PET flow







- Capable to provide dosimetry and functional imaging of FLASH
- PGI SPECT PET
- New pharmaceuticals
 - Image-enhancing and therapeutic (radio-sensitized, e.g., AuNP)
- □ New software (ML, AI ...)
 - enable fast assessment of each radiation
 - adjust proton treatment plan
- New protocols
 - Image-guiding (*i*³): irradiate-image-improve-irradiate-....
 - FLASH therapy can be fast(er)



Cheaper and better beams (mini-spots conformity)



10

PET PGI SPECT

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024

mini replica of a C³ PET with PGI / SPECT







tungsten collimator

Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 **104**

PET PGI SPECT option









Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy Konwersatorium, Fizyka UW, June 10, 2024 **108**

We are "watching" together with our few closest friends ...











Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Konwersatorium, Fizyka UW, June 10, 2024 **109**

"Bridging Barriers"

Development and Demonstration of **5D** Positron-Emission Tomography

Karol Lang

contact: lang@physics.utexas.edu ph: (512) 471-3528

The University of Texas at Austin Department of Physics College of Natural Sciences

Austin, December 14, 2016

2. The Approach: One of the main reasons for the current technology stagnation is that collaborative teams are small and have limited expertise. We propose to model our approach on organizations of particle physics experiments practicing "the big science". Essentially all modern particle physics experiments involve groups of experts bringing together a broad range of expertise and technical capabilities. In most cases, they successfully engage industrial partners in reaching their objectives. There is a large number of examples of experiments at Fermi National Accelerator Laboratory near Chicago, CERN near Geneva, Brookhaven National Laboratory in New York, SLAC at Stanford, KEK lab in Japan, SNOlab in Canada, and many more smaller labs around the world.

The expertise portfolio needed and practiced by all particle physics experiments can be grouped into five areas: (i) high-fidelity modeling of physics processes and detectors, (ii) development of new detector technology (e.g. crystals, cryogenic noble gases, photodetectors), (iii) development of largely integrated (e.g., ASIC) front-end electronics and data acquisition systems, (iv) detector prototyping and large system integration, and (v) data mining, analysis, imaging and interpretation. Obviously, development of a medical instrument would not only benefit technically from the involvement of radiologists and radio-pharmacists but we would need their knowledge and understanding of socio-economic aspects of the field.

3. The Interdisciplinary Team: Development and demonstration (i.e., prototyping) of 5DPET requires expertise that only minimally extends beyond what is required now in large particle physics experiments. We have been involved in several such endeavors and our acquired knowledge, experience, and developed laboratory infrastructure are directly applicable towards forming a collaboration that we envision as necessary for PET. Assuming that we would mostly operate on campus, we (at the Department of Physics) would solicit

Can an effective collaboration be formed, modeled on research projects in experimental particle physics, that would accomplish in nuclear medical imaging what has not been accomplished over the last few decades by a number of small and isolated groups world-wide?

rather than, as currently, only by large hospitals.

The University of Texas would play the key role in coordinating activities and leading the technical progress, prototyping and demonstration of working devices. It could result in propelling the State of Texas into fostering a 21st century technology that would go far beyond the current state-of-the-art diagnostic PET. This could be just a start of an openended endeavor for improved technology of future medicine.

and imaging software. Some or most of these activities would employ high-power computing (e.g., TACC).

We would also argue, based on our experience, that necessary ingredients of this team work will be industrial partners, national laboratories, and various research groups worldwide that could be enticed in joining in. Again, the openness and large collaboration will be the key to success.

3

Karol Lang (U. of Texas at Austin)





"Bridging Barriers"

Development and Demonstration of 5D Positron-Emission Tomography

1. The Question: Full-body, high-resolution and low-cost medical diagnostic imaging may arguably be one of the most significant obstacles in efficiency of practicing future medicine. Nuclear medical imaging offers a huge potential for internal medicine yet, despite appearances, has almost stagnated in technology while escalating in cost. While a number of new MRI, SPECT, and PET scanners enter the market every year, they adopt and/or adapt only limited scope of progress made in particle and nuclear physics instrumentation which is the essential core of this technology. In other words, new imaging devices evolve relatively slowly and only incrementally improve their technical capabilities. The field suffers from fierce competition and proprietary vendor protocols that induce lack of openness or sharing of information, despite specialized conferences and publications. It is quite clear that a breakthrough is needed in most, if not all, aspects of the field. New concepts and compre-

as well as properly-structured funding are needed. Thus, the question is this: Can an effective collaboration be formed, modeled on research projects in experimental particle physics, that would accomplish in nuclear medical imaging what has not been accomplished over the last few decades by a number of small and isolated groups world-wide?

hensive collaborative approach in modeling, development, prototyping, and demonstration

We assert that this may have never been tried before on a scale that we envision and thus propose to explore possible collaborative options leveraging our extensive experience and knowledge of necessary methodology.



□ We have been working on it ...



TPPT @ Tagus Park (June 16, 2023)





Karol Lang (U. of Texas at Austin)

Image-guided FLASH Proton Therapy

Konwersatorium, Fizyka UW, June 10, 2024 **112**