# Nuclear Charge Radii of ${ }^{10,11} \mathbf{B}$ 

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(Dated: March 8, 2019)


#### Abstract

The first laser spectroscopic determination of the change in the nuclear charge radius for a five-electron system is reported. This is achieved by combining high-accuracy ab initio mass-shift calculations and a high-accuracy measurement of the isotope shift in the $2 s^{2} 2 p^{2} \mathrm{P}_{1 / 2} \rightarrow 2 s^{2} 3 s^{2} \mathrm{~S}_{1 / 2}$ ground state transition in boron atoms. Accuracy is increased by orders of magnitude for the stable isotopes ${ }^{10,11} \mathrm{~B}$ and the results are used to extract their difference in the mean-square charge radius $\left\langle r_{\mathrm{c}}^{2}\right\rangle^{11}-\left\langle r_{\mathrm{c}}^{2}\right\rangle^{10}=-0.49(12) \mathrm{fm}^{2}$. The result is qualitatively explained by a possible cluster structure of the boron nuclei and quantitatively used to benchmark new ab initio nuclear structure calculations using the no-core shell model and Green's function Monte Carlo approaches. These results are the foundation for a laser spectroscopic determination of the charge radius of the proton-halo candidate ${ }^{8} \mathrm{~B}$.


Introduction-The lightest elements play an exceptional role for the advancement of nuclear and atomic physics: Only here theoretical approaches are sufficiently advanced to calculate both electronic and nuclear structure from first principles. Laser spectroscopy provides unique benchmarks to test and further advance those models of the fundamental structure of nature. For hydrogen-like systems, atomic theory is sufficiently accurate to calculate transition frequencies including quantum electrodynamic (QED) corrections to such a precision that the mean-square nuclear charge radius $\left\langle r_{\mathrm{c}}^{2}\right\rangle$ can be extracted. This has been demonstrated for hydrogen [1], muonic hydrogen [2], and muonic deuterium [3]. But already for two-electron systems this is so far not feasible even though first progress towards this goal has been reported [4]. However, calculating the mass-dependent isotope shift $\delta \nu_{\mathrm{MS}}^{A, A^{\prime}}$ between two isotopes $A$ and $A^{\prime}$ in an optical transition has the advantage that all mass-independent contributions and their related uncertainties cancel. This allows to isolate the small portion of the isotope shift that is caused by the change in the mean-square nuclear charge radius $\delta\left\langle r_{\mathrm{c}}^{2}\right\rangle$ between isotopes as outlined in [5]. A few experiments have already utilized this technique to obtain nuclear charge radii of stable and shortlived isotopes of $\mathrm{He}[6,7], \mathrm{Li}[8,9]$, and $\mathrm{Be}^{+}[10,11]$, based on corresponding mass-shift calculations in two- and threeelectron systems [12-15].

Here, we report the first application of this technique to the five-electron system of atomic boron. We present highprecision calculations of the mass shift and the field-shift factor required to extract the difference in mean-square nuclear charge radius $\delta\left\langle r_{\mathrm{c}}^{2}\right\rangle$ between the two stable boron isotopes ${ }^{10,11} \mathrm{~B}$ and a measurement of the isotope shift using resonance ionization mass spectrometry on a thermal atomic beam. The results are compared to new ab initio nuclear structure calculations.
Isotope Shift Calculations- The isotope shift is composed of
the mass shift (MS) and the field shift (FS) $\delta \nu_{\mathrm{IS}}=\delta \nu_{\mathrm{MS}}+$ $\delta \nu_{\mathrm{FS}}$, where the latter $\delta \nu_{\mathrm{FS}}=C \delta\left\langle r_{\mathrm{c}}^{2}\right\rangle$ contains the information on the charge radius difference. To obtain $\delta \nu_{\mathrm{MS}}$ with the required high accuracy we calculate the shift due to the finite nuclear mass in powers of the fine structure constant $\alpha$. Namely, the atomic energy levels are considered as a function of $\alpha$, which is expanded in a power series

$$
\begin{equation*}
E(\alpha)=\sum_{n} E^{(n)}, \quad E^{(n)} \sim m \alpha^{n}, \quad n=2,4,5,6, \ldots \tag{1.}
\end{equation*}
$$

These expansion coefficients are calculated including finite nuclear mass effects but neglecting the nuclear spin, which gives rise to a hyperfine splitting but does not shift the energy levels in first order.

The leading term $E^{(2)}$ is the eigenvalue of the nonrelativistic Hamiltonian in the center-of-mass system. This Hamiltonian is used to obtain the non-relativistic wave function $\Psi$ using the variational approach, where it is expressed in the form of $K$-term linear combinations of the five-electron basis functions $\psi_{l}(\vec{r})$

$$
\begin{equation*}
\Psi(\mathbf{r}, \boldsymbol{\sigma})=\hat{\mathcal{A}}\left(\Xi_{S, M_{S}}(\vec{\sigma}) \sum_{l=1}^{K} c_{l} \psi_{l}(\vec{r})\right) \tag{2}
\end{equation*}
$$

The operator $\hat{\mathcal{A}}$ ensures the antisymmetry of the total wave function with respect to the exchange of the electrons. The $\Xi_{S, M_{S}}(\vec{\sigma})$ is an $n$-electron spin eigenfunction with the quantum numbers $S$ and $M_{S}$, and $\vec{\sigma}$ and $\vec{r}$ are the $n$-electron vectors in spin and coordinate space. The spatial basis functions are the five-electron explicitly correlated Gaussian (ECG) functions of $S$ and $P$ symmetry, respectively:

$$
\begin{align*}
& \psi_{l}(\vec{r})=\exp \left[-\sum_{a>b} c_{a b}\left(\vec{r}_{a}-\vec{r}_{b}\right)^{2}\right]  \tag{3}\\
& \vec{\psi}_{l}(\vec{r})=\vec{r}_{a} \exp \left[-\sum_{a>b} c_{a b}\left(\vec{r}_{a}-\vec{r}_{b}\right)^{2}\right] \tag{4}
\end{align*}
$$

with $\vec{r}_{a}$ being the coordinate of the $a$-th particle (electrons and the nucleus). The linear parameters $c_{l}$ are obtained by the standard inverse iteration method. The nonlinear parameters $c_{a b}$ are determined variationally for each basis function in an extensive optimization of the non-relativistic energy $E^{(2)}$ with progressively doubled size from $K=1024$ to $K=8192$ terms [16]. The final nonrelativistic energy is obtained by extrapolation to the infinite basis with a small uncertainty due to the dependence on the extrapolation function.

The obtained non-relativistic wave functions are then used for further perturbative calculations of relativistic and QED contributions using the respective Hamiltonians. Finite nuclear mass terms of the non-relativistic energy are treated up to $(m / M)^{2}$ and those of higher order in $\alpha$ up to $m / M$. Accordingly, $E^{(4)}=\langle\Psi| H^{(4)}|\Psi\rangle$ is calculated using the relativistic Hamiltonian $H^{(4)}$ and the non-relativistic wave function $\Psi$. The similar calculation for the leading QED correction $E^{(5)}=\langle\Psi| H^{(5)}|\Psi\rangle$ can be found in the supplemental material. At present, a complete numerical evaluation of $E^{(6)}$ correction for a five-electron system is unfeasible, as the full calculation of $E^{(6)}$ has been performed only for one- and twoelectron systems $[17,18]$. Based on this experience, the $E^{(6)}$ term is estimated using its dominating contribution built of the leading one-electron terms which are proportional to the contact term $\delta^{3}\left(r_{a}\right)$. No higher order terms are needed here, since the related uncertainty is much smaller than the one from $E^{(4)}$. Following the convention introduced for $E^{(n)}$, formulas for related contributions to the transition energy $\nu$ between the atomic states $X$ and $Y$ and to the mass shift between the isotopes can be written as

$$
\begin{align*}
\nu^{(n)}(X \rightarrow Y) & =E^{(n)}(Y)-E^{(n)}(X)  \tag{5}\\
\delta^{(n)} \nu_{\mathrm{MS}} & =\nu^{(n)}\left({ }^{11} \mathrm{~B}\right)-\nu^{(n)}\left({ }^{10} \mathrm{~B}\right) \tag{6}
\end{align*}
$$

and are summarized in Tab. I. To determine the field shift factor $C$ we consider the leading $r_{\mathrm{c}}$-dependent correction

$$
\begin{equation*}
E_{\mathrm{fs}}^{(4)}=\frac{2 \pi}{3} Z \alpha\left\langle r_{\mathrm{c}}^{2}\right\rangle \sum_{a}\left\langle\delta^{3}\left(r_{a}\right)\right\rangle=C^{(4)}\left\langle r_{\mathrm{c}}^{2}\right\rangle \tag{7}
\end{equation*}
$$

and the logarithmic relativistic correction to the wave function at the origin

$$
\begin{equation*}
E_{\mathrm{fs}, \log }^{(6)}=-(Z \alpha)^{2} \ln \left(Z \alpha m\left\langle r_{\mathrm{c}}^{2}\right\rangle\right) E_{\mathrm{fs}}^{(4)} \approx C_{\mathrm{log}}^{(6)}\left\langle r_{\mathrm{c}}^{2}\right\rangle \tag{8}
\end{equation*}
$$

Our recommended value for the constant $C$ is obtained as a sum of two components $C_{A}=C_{A}^{(4)}+C_{\log , A}^{(6)}$ and an arithmetic average over the isotopes $C=\left(C_{11}+C_{10}\right) / 2$. The remaining term $\left(C_{11}-C_{10}\right)\left(\left\langle r_{\mathrm{c}}^{2}\right\rangle^{A}+\left\langle r_{\mathrm{c}}^{2}\right\rangle^{A^{\prime}}\right) / 2$ is as small as the neglected relativistic $\alpha^{4} m^{3} / M^{2}$ corrections and is therefore also neglected. The uncertainty of the constant $C$ given in Tab. I is due to neglecting a nonlogarithmic relativistic correction, which is known only for hydrogenic systems and is conservatively assumed to be $50 \%$ of the logarithmic correction.

Experiment-Resonance ionization spectroscopy was performed in the two-step ionization scheme

$$
\begin{equation*}
2 s^{2} 2 p^{2} \mathrm{P}_{1 / 2} \xrightarrow[249.75 \mathrm{~nm}]{\lambda_{1}} 2 s^{2} 3 s^{2} \mathrm{~S}_{1 / 2} \xrightarrow[<271 \mathrm{~nm}]{\lambda_{2}} \mathrm{~B}^{+}+\mathrm{e}^{-} \tag{9}
\end{equation*}
$$

TABLE I. Components of the isotope shift $\delta \nu_{\mathrm{IS}}=\nu\left({ }^{11} \mathrm{~B}\right)-$ $\nu\left({ }^{10} \mathrm{~B}\right)$ in the $2 p^{2} P_{1 / 2} \rightarrow 3 s^{2} S_{1 / 2}$ transition of the boron atom.

| Component | -5027.27 | $\pm$ | 0.03 |
| :---: | :---: | :---: | :---: |
| $m \alpha^{2}$ | 4.78 | $\pm$ | 0.07 |
| $m \alpha^{4}$ | -0.572 | $\pm$ | 0.005 |
| $m \alpha^{5}$ | +0.058 | $\pm$ | 0.002 |
| $m \alpha^{6}$ | -5023.00 | $\pm$ | 0.08 |
| Total | 16.91 | $\pm$ | 0.09 |
| $C\left[\mathrm{MHz} / \mathrm{fm}^{2}\right]$ |  |  |  |

of neutral boron on a thermal atomic beam. The experimental setup is shown in Fig. 1. Stable boron atoms are emitted towards a laser ionization region from a graphite tube filled with amorphous boron powder. The apertures along this path limit the angular spread of the atomic beam to 2 mrad .

For laser excitation and ionization two single-mode continuous-wave laser systems are used: A titanium-sapphire (Ti:Sa) laser is generating light output at approximately 1000 nm and is frequency-quadrupled in two ring cavities to generate the resonance transition wavelength of $\lambda_{1}=$ 249.75 nm . The Ti:Sa frequency is scanned stepwise during the experiment, and stabilized against short-term fluctuations via an optical reference cavity at each measurement point. A frequency comb is employed to monitor long-term drifts of the reference cavity. The output power of the resonant laser is kept below 1 mW to avoid power broadening and to limit ionization by the resonant laser light. For non-resonant ionization, the second harmonic of a Nd:YAG Laser is externally frequency-doubled to $\lambda_{2}=266 \mathrm{~nm}$ providing a minimum power of 500 mW . At resonance, the tunable laser excites boron atoms to the $3 s$ state from where they are ionized dominantly by absorption of a photon from the ionization laser. Generated ions are guided electrostatically into a quadrupole mass spectrometer (QMS) for mass separation and single-ion detection at low background using a channeltron detector. The data acquisition system records the number of detected ions as a function of the frequency of the resonant laser.

After the two overlapped laser beams intersect the atomic beam once at an angle $\alpha=\pi / 2+\delta \alpha$, they are back-reflected from a mirror outside the vacuum chamber and overlapped with an uncertainty $<1 \mathrm{mrad}$ to the incoming laser beams. The laser frequency is scanned and stabilized in steps of 8 to 10 MHz covering the atomic hyperfine structure (hfs). For each frequency step two measurements are taken: One with the retroreflected beam present ( $\mathrm{DP}=$ double pass) and one with the reflected beam blocked by a remote-controlled shutter placed in front of the reflecting mirror ( $\mathrm{SP}=$ single pass). Thus, in DP mode, the superposed spectra of two hfs is recorded which are offset by $\Delta \nu_{\mathrm{DP}} \sim 2 \delta \alpha$ due to the Doppler-shift in opposite directions for each pass.

The SP spectra of ${ }^{11} \mathrm{~B}$ and ${ }^{10} \mathrm{~B}$ are taken under identical
ambient and spatial conditions, the transition frequency centroids are nevertheless Doppler-shifted with different magnitudes due to their difference in the mass-dependent mean velocity $\bar{v}$ inherited by the thermal source. The size of this effect can be determined from $\Delta \nu_{\text {DP }}$ and scaled with the relative difference in thermal velocity $d_{v}=1-\sqrt{m\left({ }^{11} \mathrm{~B}\right) / m\left({ }^{10} \mathrm{~B}\right)}$. The isotope shift between the stable isotopes can therefore be calculated as

$$
\begin{equation*}
\delta \nu_{\mathrm{IS}}=\nu_{\mathrm{SP}}\left({ }^{11} \mathrm{~B}\right)-\nu_{\mathrm{SP}}\left({ }^{10} \mathrm{~B}\right)+\frac{\Delta \nu_{\mathrm{DP}}\left({ }^{11} \mathrm{~B}\right)}{2} \cdot d_{v} \tag{10}
\end{equation*}
$$

where $\nu_{\mathrm{SP}}\left({ }^{A} \mathrm{~B}\right)$ are the respective Doppler-shifted transition centroids from the single-pass spectra of ${ }^{11} \mathrm{~B}$ and ${ }^{10} \mathrm{~B}$. With this approach, the determination of the isotope shift depends mainly on the parameters extracted from single-pass spectra, which exhibit much smaller systematic and statistical uncertainties.

SP spectra are fitted using Voigt profiles with shared widths for all hfs components. The Lorentzian part was fixed to the natural linewidth of 40.1 MHz . A Gaussian component of $\approx 100 \mathrm{MHz}$ was obtained in accordance with the atoms thermal and angular spread. To reduce the number of degrees of freedom in the DP fit, the hfs factors are fixed to their literature value for the $2 p$ state [19] and the values extracted from the SP fit for the $3 s$ level. It is assumed that the peaks recorded in both directions all share the same width but have different relative amplitude due to power losses and beam diameter differences after retro-reflection. The relative single peak intensities were left free in the SP fit but fixed to these extracted values in the DP fit. One transition centroid for the DP spectra was fixed to the value from the single-pass. With these constraints, the fit of the double-pass spectra converged reliably.


FIG. 1. Experimental setup: A Sirah Matisse 2 cw laser system is generating 250 nm light via two second harmonic generation (SHG) ring cavities (Spectra Physics Wavetrains) while being monitored with a Menlo FC1500 frequency comb and a HighFinesse wavemeter. The laser beam is superimposed perpendicular with a thermal atomic beam of boron and back-reflected for a second pass through the interaction region. A second laser system, consisting of a Coherent Verdi V8 and another Wavetrain is used for non-resonant ionization of the excited atoms. Ion detection after mass selection in a quadrupole mass spectrometer (QMS) is performed with a Channeltron detector.

An example dataset with the respective fit results is shown in Fig. 2.

The statistical average from all datasets, taken at different $\delta \alpha$ and including their systematic uncertainties, yields $\delta \nu_{\text {IS }}=-5031.3(2.0) \mathrm{MHz}$. Table II lists previous measurements of this isotope shift as well as our theoretical and experimental results. None of the previous publications denotes the isotope shift explicitly but report transition frequencies of the two isotopes with respective uncertainties. The influence of correlated uncertainties in the calculation of $\delta \nu_{\mathrm{IS}}$ is therefore unknown and Gaussian error propagation was used. Our value agrees within $1.3 \sigma$ with the most recent value obtained by Johansson [20] but has about two orders of magnitude higher accuracy. It is close to the calculated mass shift of $-5023.00(8) \mathrm{MHz}$ and the difference of $-8.3(2.0) \mathrm{MHz}$ can be attributed to the finite size effect. This corresponds to $\delta\left\langle r_{\mathrm{c}}^{2}\right\rangle=\left\langle r_{\mathrm{c}}^{2}\right\rangle^{11}-\left\langle r_{\mathrm{c}}^{2}\right\rangle^{10}=-0.49(12) \mathrm{fm}^{2}$ taking the calculated field shift factor $C=16.91$ (9) $\mathrm{MHz} / \mathrm{fm}^{2}$ into account. At first glance it might seem counterintuitive that the charge radius of ${ }^{10} \mathrm{~B}$ is larger than that of ${ }^{11} \mathrm{~B}$, but it is well in line with similar results in the lithium and beryllium chains [811]. There, a minimum of the charge radius has been observed at $N=6$ and was attributed to the cluster structure of the lighter nuclei. Similar arguments can also be used for boron: ${ }^{9} \mathrm{~B}$ is unbound since it consists of two $\alpha$-clusters and an additional proton that does not support binding of the two $\alpha$ 's like the neutron does in ${ }^{9} \mathrm{Be}$. The $\alpha+\alpha+d$ structure of ${ }^{10} \mathrm{~B}$ is expected to have a rather large charge radius and the decrease towards ${ }^{11} \mathrm{~B}$ would be analogous to the decrease of $\delta\left\langle r_{\mathrm{c}}^{2}\right\rangle=-0.734(40) \mathrm{fm}^{2}$ from ${ }^{6} \mathrm{Li}(\alpha+d)$ to ${ }^{7} \mathrm{Li}(\alpha+t)$ [21], which is indeed of similar size. Apart from these more empirical arguments we compare the extracted change of the charge radius to new ab initio calculations of the stable boron isotopes.

Nuclear Structure Theory-We employ two state-of-the-art


FIG. 2. Left: A double-pass spectrum of ${ }^{11}$ B. The DP fit converges with all parameters of the first pass (except for the overall height) fixed to the parameters of the SP fit, which is not shown. The two individual structures which are superposed can then be reconstructed from the fit results. Right: The corresponding SP dataset and fit for ${ }^{10} \mathrm{~B}$.

TABLE II. Isotope shift $\delta \nu_{\text {IS }}=\nu\left({ }^{11} \mathrm{~B}\right)-\nu\left({ }^{10} \mathrm{~B}\right)$ in the $2 p^{2} \mathrm{P}_{1 / 2} \rightarrow 3 s^{2} \mathrm{~S}_{1 / 2}$ transition of atomic boron. The calculated mass shift listed in Tab. I is used to extract the field shift that is related to the finite nuclear size.

| Value (MHz) |  |  |  |  |
| :--- | :---: | :---: | :---: | :--- |
| Isotope Shift | -5250 | $\pm$ | 360 | $[22]$ |
|  | -4110 | $\pm$ | 360 | $[23]$ |
|  | -5220 | $\pm$ | 150 | $[20]$ |
|  | -5031.3 | $\pm$ | 2.0 | this work, Exp. |
| Mass Shift | -5023.00 | $\pm$ | 0.08 | this work, Theory |
| Field Shift | -8.3 | $\pm$ | 2.0 | extracted |

$a b$ initio nuclear structure methods, the no-core shell model (NCSM) and the Green's function Monte Carlo (GFMC) approach, to compute the charge radii of ${ }^{10} \mathrm{~B}$ and ${ }^{11} \mathrm{~B}$.

For the NCSM we use different two-nucleon (NN) and three-nucleon (3N) interactions from chiral effective field theory: (a) the N2LO-SAT interaction with NN and 3 N interaction at N2LO with flow parameter $\alpha=0.08 \mathrm{fm}^{4}$ [24]; (b) the NN interaction at N3LO by Entem and Machleidt [25] supplemented with a 3 N interaction at N 2 LO with local regulator and reduced cutoff $\left(\Lambda_{3 \mathrm{~N}}=400 \mathrm{MeV} / \mathrm{c}, \alpha=0.08 \mathrm{fm}^{4}\right)$ that has been widely used in the past years [26-28]; (c) the Entem-Machleidt NN interaction at N3LO with a new 3 N interaction at N2LO with nonlocal regulator $(\Lambda=500 \mathrm{MeV} / \mathrm{c}$, $c_{D}=0.8, \alpha=0.12 \mathrm{fm}^{4}$ ); and (d) the recent NN interaction at N4LO by Entem, Machleidt, and Nosyk [29] plus a 3 N interaction at N2LO with nonlocal regulator $(\Lambda=500 \mathrm{MeV} / \mathrm{c}$, $c_{D}=-1.8, \alpha=0.16 \mathrm{fm}^{4}$ ) [30]. Only (a) uses information beyond the few-body sector and explicit constraints on nuclear radii to determine the low-energy constants. In all other cases the NN interaction is fitted exclusively to twonucleon scattering data and the 3 N interaction to the triton binding energy, the triton $\beta$-decay half-life, or properties of the $\alpha$ particle. For all interactions we employ a consistent similarity renormalization group evolution up to the three-body level for the Hamiltonian and up to the two-body level for the radius operator. We have confirmed that the impact of variations of the flow parameter $\alpha$ on the radii is much smaller than the model-space convergence uncertainties. For each interaction large-scale NCSM calculations are performed for model spaces from $N_{\max }=2$ to 10 using harmonic oscillator frequencies $\hbar \Omega=12,13, \ldots, 18 \mathrm{MeV}$. To extract the nominal value and uncertainty for the point-proton radius, we first identify the $\hbar \Omega$-value that provides the most stable radius as function of $N_{\max }$ and then use the neighboring $\hbar \Omega$-values and the residual $N_{\max }$-dependence to estimate the many-body uncertainties.

Greens function Monte Carlo (GFMC) uses imaginarytime projection techniques to solve for nuclear ground- and excited-state energies at the $1 \%$ accuracy level for a given Hamiltonian [31]. Here we employ the AV18+IL7 Hamiltonian, containing the Argonne $v_{18}$ NN potential [32] and Illinois-7 3N potential [33, 34]. The four parameters charac-


FIG. 3. Nuclear charge radii as obtained from various nuclear structure calculations. Results from no-core shell model calculations with different nuclear potentials are plotted as squares. The result from a Green's function Monte Carlo calculation is depicted as a triangle. For comparison, experimental data from an electron scattering experiment [37] is plotted as a circle. The letters refer to the explanation in the text and Tab. SI in the supplemental material. Our experimental determination of $\delta\left\langle r_{\mathrm{c}}^{2}\right\rangle$ restricts the charge radii to lie along the dotted line within the grey uncertainty band.
terizing this 3 N potential were fit to low-lying nuclear spectra in the mass range $A=3-10$ and give an excellent reproduction of approximately 100 ground- and excited-state energies up to $A=12$. GFMC calculations successfully predicted the charge radii of ${ }^{6,8} \mathrm{He}$ isotopes, while Li and Be isotope radii tend to be a little smaller than current experimental values [5].

While our calculated binding energies for ${ }^{10} \mathrm{~B}$ agrees well with the experimental value, we slightly underbind ${ }^{11} \mathrm{~B}$. To remedy this shortcoming of the AV18+IL7 interaction, when computing the radius of ${ }^{11} \mathrm{~B}$ we slightly quench the phenomenological repulsive term of the 3 N force to reproduce the experimental binding energy.

As in Ref. [35] and [5], the charge radii are derived from the estimates for the point-proton radii taking into account the finite-size of the nucleons and the Darwin-Foldy correction. The one-body spin-orbit correction of Ref. [5] has been estimated in a variational Monte Carlo calculation; it is found to be about five times smaller than the Darwin-Foldy term in ${ }^{11} \mathrm{~B}$, and to vanish in ${ }^{10} \mathrm{~B}$, so it is neglected here. Two-body terms in the charge operator have also been neglected in this analysis, as their contribution was proven to be small in the GFMC calculations of the ${ }^{12} \mathrm{C}$ charge form factor [36].

Conclusion and Outlook- The calculated radii of ${ }^{11} \mathrm{~B}$ are plotted versus those of ${ }^{10} \mathrm{~B}$ from both NCSM and GFMC calculations in Fig. 3. Our newly obtained value for the difference in mean-square charge radius $\delta\left\langle r_{\mathrm{c}}^{2}\right\rangle=-0.49(12) \mathrm{fm}^{2}$ is depicted as a dotted line with grey shaded uncertainty area. It improves the experimental precision from electron scattering (f) by at least a factor of five. Our value is used to benchmark $a b$ initio nuclear structure theory. Independent of the applied many-body method and interaction, both NCSM (a-d) and GFMC (e) predict values which are systematically slightly smaller, but are consistent with the experimental value for
$\delta\left\langle r_{\mathrm{c}}^{2}\right\rangle$ within uncertainties. Theoretical studies with additional nuclear Hamiltonians and/or many-body methods are warranted to determine if this difference with experiment persists. Absolute values of the radii vary with different interactions, which is partly correlated to a variation of the ground-state energies of the two isotopes; for the NCSM calculations with interaction (a) both isotopes are overbound by about 4 MeV compared to experiment, while for interactions (b,c,d) they are all underbound by about 4 MeV . For GFMC the groundstate energies are reproduced by construction and tweaking the 3 N potential to match the experimental binding energies. For reference, the calculated charge radii and ground state energies are summarized in Tab. S1 of the supplemental material. An improved absolute radius measurement of one of the stable isotopes by electron scattering, coupled with these precise charge radii differences, would be of great benefit and a further test of the $a b$ initio nuclear structure theory.

In summary, our result demonstrates that mass shift calculations of $5 \mathrm{e}^{-}$-systems are sufficiently advanced to extract nuclear charge radii to benchmark state-of-the-art nuclear theory. This will be used to determine the charge radius of the protonhalo candidate ${ }^{8} \mathrm{~B}$ using collinear laser spectroscopy [38].

Acknowledgement-We wish to acknowledge our special thanks to the late Steven C. Pieper, who contributed so much to the progress of nuclear quantum Monte Carlo.

This work is funded by the Deutsche Forschungsgemeinschaft (DFG, German Research Foundation) - Projektnummer 279384907 - SFB 1245 and by the U.S. DOE, Office of Science, Office of Nuclear Physics, under contract DE-AC0206CH11357. MP and KP acknowledge support from National Science Center (Poland) Grant No. 2014/15/B/ST4/05022. FS and BM acknowledge support from HGS-HIRe. Part of the NCSM calculations were performed on the LICHTENBERG high-performance computer at TU Darmstadt. Under an award of computer time provided by the INCITE program, this research used resources of the Argonne Leadership Computing Facility at Argonne National Laboratory.

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